

Dr. Paul Powers

• *Management Psychologist & Consultant* • *Executive / Career / Retirement Coach* • *Career Expert / Author* • *Public Speaker*  
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## RETIREMENT PLANNING RESOURCES (revised 2017)

### BOOKS:

- **The Spirit of Retirement: Creating a Life of Meaning and Personal Growth**  
Author: Autry, James A  
Publication info. Roseville, Calif.: Prima Publishing, 2002
- **Supercharged Retirement: Ditch the Rocking Chair, Trash the Remote, and Do What You Love**  
Author: Lloyd, Mary  
Publication info. Hankfritz Press 2009
- **The New Retirement: Revised and Updated: The Ultimate Guide to the Rest of Your Life**  
Author: Cullinane, Jan and Fitzgerald, Cathy  
Publication info. Rodale Books; Rev Upd edition (August 7, 2007)
- **Work Less, Live More: The New Way to Retire Early**  
Author: Clyatt, Bob  
Publication info. Berkeley, CA: Nolo, 2005
- **The Number: A Completely Different Way to Think About the Rest of Your Life**  
Author: Eisenberg, Lee  
Publication info. New York: Free Press, 2006
- **The Seasons of a Man's Life**  
Author: Levinson, Daniel J  
Publication info. New York [N.Y.]: Ballantine Books, 1979
- **The Seasons of a Woman's Life**  
Author: Levinson, Daniel J in collaboration with Judy D. Levinson  
Publication info. New York: Knopf, 1996

## **BOOKS (continued)**

- **The Joy of Retirement: Finding Happiness, Freedom, and the Life Always Wanted**  
Author: Borchard, David and Donohoe, Patricia  
Publication info. AMACOM 2008
- **Winning Job Interviews: Reduce Interview Anxiety, Outprepare the Other Candidates, Land the Job You Love**, Revised Edition  
Author: Powers, Paul, Dr.  
Publication info. Franklin Lakes, NJ: Career Press, 2009.
- **Love Your Job!: Loving the Job You Have, Finding a Job You Love**  
Author: Powers, Paul, Dr.  
Publication info. Sebastopol, CA: O'Reilly & Associates, Inc., 1993
- **Retire Smart, Retire Happy: Finding Your True Path in Life**  
Author: Schlossberg, Nancy K., 1929  
Publication info. Washington, D.C.: American Psychological Association, 2003
- **Learned Optimism**  
Author: Seligman, Martin E. P.  
Publication info. New York: A.A. Knopf, 1991
- **Active Retirement for Affluent Workaholics: Planning for the Life You've Always Wanted**  
Author: Silton, Peter  
Publication info. Los Angeles, Calif.: N.P. Financial Publishing, 2001
- **Retire Early-And Live The Life You Want Now: A 10-Step Plan for Reinventing Your Retirement**  
Author: Wasik, John F.  
Publication info. New York: Henry Holt & Co., 2000
- **Sooner Than You Think: Mapping a Course for a Comfortable Retirement**  
Author: Williamson, Gordon K.  
Publication info. Homewood, Ill.: Business One Irwin, 1993
- **Your Renaissance Years: Making Retirement the Best Years of Your Life**  
Author: Veninga, Robert L.  
Publication info. Boston: Little, Brown, 1991
- **The Joy of Not Working: A Book for the Retired, Employed, and Overworked**  
Author: Zelinski, Ernie J.  
Publication info. Berkeley: Ten Speed Press, 2003

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## BOOKS (continued)

- **How To Retire Happy, Wild, and Free: Retirement Wisdom That You Won't Get From Your Financial Advisor**  
Author: Zelinski, Ernie J.  
Publication info. Berkeley, Calif.: Ten Speed Press, 2004
- **The Couple's Retirement Puzzle: 10 Must-Have Conversations for Transitioning to the Second Half of Life**  
Authors: Roberta K. Taylor and Dorian Mintzer (Apr 5, 2011)

## RETIREMENT CALCULATORS

- There are a wide variety of retirement calculators on the world-wide web. They can be helpful tools but do not rely on just one or two. Try at least a few, compare the results you get and then draw your own conclusions./ A few to try can be found at:

CNNMONEY.COM

<https://www3.troweprice.com/ric/ricweb/public/ric.do>

<http://cgi.money.cnn.com/tools/retireyoung/index.html>

[http://sites.stockpoint.com/aarp\\_rc/wm/Retirement/Retirement.asp?act=LOGIN](http://sites.stockpoint.com/aarp_rc/wm/Retirement/Retirement.asp?act=LOGIN)

<https://personal.vanguard.com/us/plannededucation/retirement>

[http://personal.fidelity.com/planning/guidance\\_overview.shtml.cvsr?bar=c](http://personal.fidelity.com/planning/guidance_overview.shtml.cvsr?bar=c)

## PERIODICALS:

- **Money Magazine** – often has articles pertaining to retirement focusing on financial and non-financial issues.
- **U.S. News and World Report** – occasionally has articles pertaining to retirement focusing on financial and non-financial issues.
- **AARP Magazine** – constant, wide range of retirement related articles published by association of the same name.
- **RetirementLifeToday.com** – on-line magazine with articles on a wide array of topics apparently not including work.
- The **LifeMap** Newsletter: short, monthly e-newsletter covering full range of life planning issues; including retirement planning.  
Free subscription at [www.drpaulpowers.com](http://www.drpaulpowers.com).

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## WEB SITES:

- [AARP.org](http://AARP.org): Website for that organization with articles and resources on a wide range of topics.
- [betterthanieverexpected.blogspot.com](http://betterthanieverexpected.blogspot.com): Joan Price's blog. She's the author of *Better Than I Ever Expected: Talk About Sex After Sixty*. A zesty mix of news, views, and reviews related to sex and aging.
- [Retirementjobs.com](http://Retirementjobs.com): Just what it says also includes advice articles, stories and suggested resources.
- [theretirementportal.com](http://theretirementportal.com) - A good place to start. An extensive guide to other retirement websites. Strong financial focus.
- [www.volunteermatch.org](http://www.volunteermatch.org) - A comprehensive site with volunteer opportunities listed by not for profit organizations in your area; search by zip code.

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