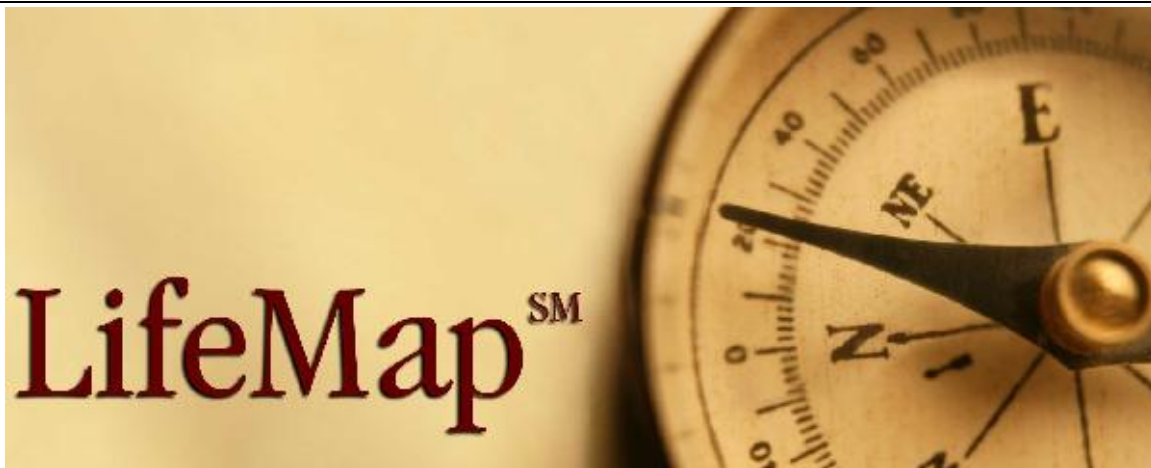


From: Dr. Paul Powers drpaul@drpaulpowers.com
Subject: 6 Timeless Career Boosters.
Date: March 23, 2016 at 10:07 AM

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LifeMap is a navigational tool to help you on your path towards personal and professional success.

Our belief is that you can achieve a more rewarding career, a more productive organization and a more satisfying life.

March 2016

This Month's Message:

6 Timeless Career Boosters.

Paths Forward:

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6 Timeless Career Boosters.

In the field of career development (like all others) certain trends, approaches, strategies, techniques (and, yes, fads) come and go. During the past couple of years I've spoken at various meetings of career professionals. Often, during my presentation, I ask attendees to send me their answers to a variety of questions. For the last six months it's been " what are the top couple of pieces of career advice that you have seen pass the test of time, useful in good times and bad, and applicable in all stages of one's career".

Here are the top responses gathered from over 200 recruiters, outplacement consultants, career coaches and college career office staffers.

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Paths Forward:

*** Build Your Team Skills:** One consequence of today's

flatter organizational structures is that many issues, challenges, and projects are handled by cross-functional teams. If this is your strong suit, build on those skills. If it's not, attend any team-building workshops or seminars offered by your H.R. department. If none are available internally you'll need to build those skills yourself. See if your professional organization or a local college might offer a team-building or leadership course. Forward-thinking employers often reimburse employees for building such skills.

* **Stay Positive:** Even in the best fiscal environments and in the best organizations "stuff" happens. What matters most to your career is how you choose to deal with the ups and downs of work life. The most difficult setbacks can be minimized or sometimes even turned around with energy, optimism and a "can do" attitude. A positive attitude is a reputation builder and will follow you wherever you go.

* **Keep a Hand on the Wheel:** Self-control is a very attractive trait especially in today's world where change and uncertainty are prevalent. Reacting to events beyond your control with fear, anxiety, anger or panic may be a natural response but it is self-defeating and has a contagious, negative effect on those around you. In difficult situations ask questions before making judgments, look for possible solutions and seek a path forward. You might not always be able to steer completely away from trouble but you can minimize the downside by keeping your hands on the wheel.

* **Be a Fixer:** Nobody likes bad news - not me, not you and certainly not your boss. But sometimes you must be the bearer of bad news because today's bad news can quickly become tomorrow's terrible news. But it is important to not just stop by your boss's office and drop off the problem. Before having that discussion or sending that e-mail try to come up with one or two practical solutions. If the issue is within the scope of your job, ask for any additional suggestions your boss might have before getting the okay to address the problem. Becoming known as a fixer / a problem solver is a real career booster.

* **Look Out for Others:** One of the best ways to get ahead is to have others propel you forward. The time you invest supporting your colleagues, helping your subordinates to progress and understanding the demands made on your boss is time well invested. Developing a reputation as a "go to" person for encouragement, optimism, support and assistance is another sure fire way to get ahead. It's perfectly appropriate to promote your own achievements but when others sing your praises it gets heard farther and wider than you ever can imagine.

* **Work to Live (not vice versa):** We spend half (or more) of our adult lives at work. Obviously work and career are central elements of our lives. Our jobs provide us with money to support our families, better jobs engage a range of our skills and our intellects and the best jobs offer satisfaction and, yes, sometimes even enjoyment. But our jobs and careers are means to an end. That end is a meaningful life

and even the best jobs and careers need to be kept in some kind of balance with our familial and personal lives. If all of your energy and focus goes into work there will be little of you left when you ultimately leave your job and career behind.

LifeMap (sm) is about encouraging you to build a challenging and successful career. Use these timeless career boosters to help make that happen.

Notice: The 2016 edition of my *Retirement Planning / Retirement Living Survey* of **LifeMap** subscribers is still available at my website (www.drpaulpowers.com) and will remain open until April 15. I will publish the results in the May edition.

HOT OFF THE PRESS!

For the past 30 years I've surveyed successful job hunters and captured their proven shortcuts, insider knowledge and time-saving / stress-reducing tips.

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DON'T WEAR
Flip-Flops
TO YOUR
Interview

And Other Obvious Tips That You Should be Following to Get the Job *You Want*

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LifeMap (sm) is about empowering you to bring the best ideas and practices to your workplace.

Have an issue or question you'd like Dr. Paul to address in a future edition? Send an email to the email address listed below.

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Sincerely,

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